



## HILL COUNTRY EYE CENTER

*see more beauty*

Vincent A. Restivo, M.D. • Gina R. Cottle, M.D.

(512) 528-1144

12171 West Parmer Lane; Suite 201

Cedar Park, Texas 78613

[www.hillcountryeyecenter.com](http://www.hillcountryeyecenter.com)

# POST-OPERATIVE CATARACT SURGERY INSTRUCTIONS

Take it easy for the first week after you eye surgery. Try to rest your eye as much as possible. You may watch TV or read when you feel comfortable doing so.

## 1. EYE MEDICATIONS:



**BESIVANCE**  
(Store Upside Down)  
Use 1 drop to the  
operative eye 2 times  
a day for 1 week then  
STOP



**XIBROM**  
Use 1 drop to the  
operative eye 2 times  
a day for 3 weeks then  
STOP.



**PREDNISOLONE  
ACETATE 1%**  
(Shake Well)  
Use 1 drop to the  
operative eye 4 times  
a day for 3 weeks then  
STOP

2. Place the eye shield over the eye at bedtime or naptime for 1-2 weeks
3. DO NOT discontinue drops until instructed to do so.
4. Wear glasses indoors and dark glasses outdoors for protection.
5. DO NOT RUB YOUR EYE AT ANY TIME.
6. If you feel the need, you may take Tylenol or Advil.
7. You may shampoo your hair, please make sure very little water gets into your eye.
8. You may drive when you feel comfortable with your vision.

**REMINDER:** It takes the eye approximately 6 weeks to heal. Each and every patient has a different rate of healing. Your best vision will be obtained when the healing process is complete.

You can reach the doctor after hours by calling 512-528-1144