

Advanced Surface Ablation Post-Procedure Guidelines

LaserView Vision Correction Center
6500 N. MOPAC Bldg 2, Suite 2101 Austin, Texas 78731 ♦ 512-346-3937

***Shake all drops before use**

Anesthetic:

Artificial Tear Drops Marked with an X

Use one drop every hour while awake on the night of the procedure. The following day use one drop every hour until seen at first follow up appointment. Return the vial at that time.

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Anti-inflammatory:

Acular or Nevanac or Xibrom

Use one drop 3 times a day for 4 days.

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Antibiotic:

Zymar or Vigamox

Use one drop 3 times a day for 4 days.

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Steroid:

FML or Flarex

Use 1 drop 3 times a day for 3 weeks.
Use 1 drop 2 times a day for 3 weeks.
Use 1 drop 1 times a day for 2 weeks.

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Artificial Tears:

Refresh Plus or Systane

Use drops as needed. Using drops every 15 minutes will improve you comfort level.

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- Following the procedure, rest your eyes as much as possible. A **cool damp cloth** or **ice pack** across your eyes may improve the comfort level. Your vision will be steamy/foggy for the rest of the day. Keep your eyes gently closed for the remainder of the day.
- **Always** keep your eyes protected **with UV sunglasses** while outside.
- **Do not rub** your eyes. Rubbing your eyes can cause loss of vision.
- If the soft contact lens falls out during the night, **do not attempt to reinsert the lens**.
- Continue **using the eye drops** even if the lens becomes dislodged or falls out.

Patient Signature: _____

Date: _____